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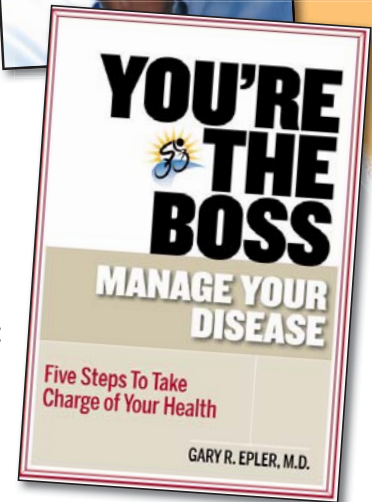
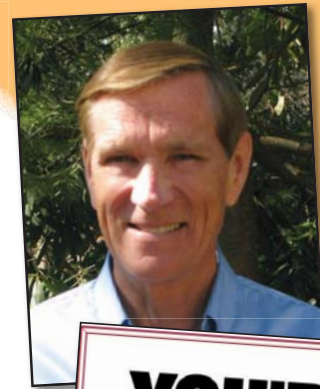
*Who's really in charge of your health...
you or your doctor?*

You're The Boss

Gary R. Epler, M.D.

Saturday, Feb. 19

1 - 3 p.m.



Based on years of expert patient care, Dr. Gary Epler shares a powerful lesson in *You're the Boss: Manage Your Disease*. This powerful lesson is deceptively simple: you are the best and most important manager of your health. Dr. Epler sets out five easy steps that work, no matter what health challenge you may have. Through engaging, entertaining stories, you will meet real people with real health challenges and discover: **1.** How to learn about your disease, **2.** How to understand the diagnostic process, **3.** How to know your treatment options, **4.** How to monitor your progress, and **5.** How to create a healing environment.

Recognized yearly from 1994 – 2010 in *The Best Doctors in America*, Dr. Epler is a pulmonary consultant at the Brigham and Women's Hospital and Dana-Farber Cancer Institute as well as a clinical associate professor of medicine at Harvard Medical School. For 15 years, he chaired the Department of Medicine at New England Baptist Hospital. He obtained his medical degree from Tulane University and his master's in public health from Harvard University.

Dr. Epler is world-renowned for describing the lung disorder bronchiolitis obliterans organizing pneumonia (BOOP), which spurred international research and study. He has published books about occupational lung diseases, written more than 100 scientific articles, and presented some 300 lectures and seminars worldwide.

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